

LOOKING BACK: 2013 EVALUATION

What went smoothly this year in cheerleading?

What are some of the challenges or obstacles you faced?

Why did you think you find them so challenging?

Which of those challenges did you not expect?

What would you consider a victory this year?

If you could change or improve something about your year what would it be?

If you could keep something exactly the same what would it be?

Which of your goals did you achieve this year?

Which of your goals did you change or adapt as the year went on? How? Why?

Which of your goals still need to be met?

LOOKING FORWARD: 2014 GOALS

Now that you've had a look back at last year, take some time to set goals for the next one. **Set goals specifically for you personally and in your areas of responsibility as a coach**, but don't worry right now about goals for your squad. You can do that with this sheet after tryouts.

Make sure they are tied to the areas you'd like to improve or maintain. Also remember to make them **SMART: specific, measurable, attainable, relevant, and time-bound**. You don't have to use every box provided. Just use the ones you need.

GOAL 1:

Area of improvement?

Measurement?

Deadline?

GOAL 4:

Area of improvement?

Measurement?

Deadline?

GOAL 2:

Area of improvement?

Measurement?

Deadline?

GOAL 5:

Area of improvement?

Measurement?

Deadline?

GOAL 3:

Area of improvement?

Measurement?

Deadline?

GOAL 6:

Area of improvement?

Measurement?

Deadline?